

Peer Mentoring



ARMY COLLEGE OF DENTAL SCIENCES

Chennapur –CRPF Road, Jai Jawaharnagar Post, Secunderabad – 500 087, Telangana
Ph: +914029708384, 9347411942

Website: www.acds.co.in Email : army_c@rediffmail.com

NAAC Accredited 'A' & Certified ISO 9001 : 2015 & ISO 14001 : 2015

PEER MENTORING

FIRST-YEAR BDS BATCH 2019-2020

SL NO	NAME OF THE STUDENT	ORAL HISTOLOGY AND DENTAL ANATOMY			PHYSIOLOGY AND BIOCHEMISTRY			ANATOMY				
		1 st Internal marks (70)	2 nd Internal marks (70)	University marks (200)	1 st internal marks (70)	2 nd internal marks (70)	3 rd internal marks (70)	University marks (200)	1 st internal marks (70)	2 nd internal marks (70)	3 rd internal marks (70)	University marks (200)
	Navdeep kaur (peer mentor)	34	53	175	37	42	47	157	45	48	53	173
1	A.Vinitha (mentee)	20	23	136	22	35	37	142	19	26	34	133
2	B.Renuka (mentee)	26	26	128	15	36	38	140	18	22	16	104 (F)
	Roshini Deepak bhorade (peer mentor)	29	47	169	44	52	48	172	37	42	46	154
3	G.Pavan Sai (mentee)	24	40	138	21	29	37	162	25	27	32	126
4	Mounika (mentee)	22	28	134	31	34	39	142	17	26	33	108

	Teresa gregory (peer mentor)	45	61	169	48	44	47	169	37	39	43	157
5	Lakshmi.D (mentee)	23	41	125	28	34	36	149	24	26	35	126
6	Mercy gnana Prabha (mentee)	24	A	125(F)	15	23	29	132	12	19	25	118(F)
7	Susmi dandapat (mentee)	14	26	113	10	23	27	121 (F)	16	23	29	120(F)



[Signature]
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PEER MENTORING

SECOND-YEAR BDS BATCH 2019-2020

SL NO	NAME OF THE STUDENT	PRECLINICAL PROSTHO			PRECLINICAL CONSO			
		1 st internal marks(80)	2 nd internal marks(80)	University marks (100)	1 st internal marks(100)	2 nd internal marks(90)	3 rd internal marks(90)	University marks (100)
	Gagan (peer mentor)	47	58	88	83	71	63	82
1	Bindu Rani (mentee)	40	49	77	73	63	52	75
2	D. Likhita (mentee)	35	48	78	A	59	47	70
3	K Pathan Vipin Begum (mentee)	25	48	76	70	60	A	69
	Shreya shukla (peer mentor)	50	55	91	84	64	50	72
4	Prashant Singh (mentee)	38	47	76	A	72	68	72
5	Ravi kumar yadav (mentee)	35	48	80	70	61	67	77
6	Sri Nandini narayan S (mentee)	32	45	77	71	63	50	77

SL NO	NAME OF THE STUDENT	GENERAL PATHOLOGY					PHARMACOLOGY					DENTAL MATERIALS					
		1 st internal marks(70)	2 nd internal marks(70)	3 rd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	3 rd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	3 rd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	3 rd internal marks(70)	University marks (200)
	Gagan (peer mentor)	37	42	45	164	36	32	43	159	42	38	45	154				
1	Bindu Rani (mentee)	22	35	32	142	27	29	36	157	17	24	37	130				
2	D. Likhita (mentee)	13	23	29	124	21	27	33	144	19	24	33	117				
3	K Pathan Vipin Begum (mentee)	24	29	36	145	27	33	38	159	26	29	34	125				
	Shreya shukla (peer mentor)	38	44	53	167	42	46	51	178	37	42	48	142				
4	Prashant Singh (mentee)	33	41	42	151	35	39	43	161	29	32	37	131				
5	Ravi kumar yadav (mentee)	25	29	36	145	31	36	39	153	19	27	36	127				
6	Sri Nandini narayan S (mentee)	27	31	42	148	29	36	38	154	30	34	36	141				



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FINAL YEAR BDS BATCH 2019-2020

PEER MENTORING

SL NO	NAME OF THE STUDENT	PROS			CONS			ORTHO			OS		
		1 st internal marks(70)	2 nd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	University marks (200)
	Karishma (peer mentor)	52	54	164	56	50	150	58	54	175	37	23	148
1	Iqbal Singh (mentee)	28	36	141	26	27	129	40	56	159	24	17	132
2	Mamata kumara yadav (mentee)	49	44	142	29	26	127	29	40	137	19	A	120
	Kumara prithi	46	40	167	54	45	148	58	54	156	46	34	148

SL NO	NAME OF THE STUDENT	OMR			PERIO			PEDO			PHD		
		1 st internal marks(70)	2 nd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	University marks (200)	1 st internal marks(100)	2 nd internal marks(70)	University marks (200)	1 st internal marks(70)	2 nd internal marks(70)	University marks (200)
	Karishma (peer mentor)	45	A	152	50	57	145	57	50	162	47	50	154
1	Iqbal Singh (mentee)	29	22	141	28	29	117	27	35	133	39	47	132
2	Mamata kumara yadav (mentee)	34	13	138	44	42	127	30	37	120	33	37	131
	Kumara prithi mourya (peer mentor)	41	42	168	42	56	164	54	55	159	42	45	165

3	Megha chauhan (mentee)	31	15	134	30	33	137	18	25	134	33	A	133
4	Poonam Ganguar (mentee)	32	12	146	54	57	132	26	34	145	39	41	134
	Manisha kumari (peer mentor)	43	35	153	63	61	170	42	46	160	49	51	147
5	Simran Singh (mentee)	29	20	141	27	24	140	24	30	121	39	A	132
6	Tara chand (mentee)	36	23	141	27	29	143	16	26	135	38	40	142
7	Vandana (mentee)	37	21	145	45	47	145	39	43	139	42	47	140
8	Vivek. k (mentee)	37	24	140	51	55	131	46	45	131	31	37	134




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Peer Mentoring-Summary

1. Identification of peer mentor

Peer mentors are identified based on the performances exhibited in the periodic tests conducted in first 3 months of the academic year. 3 to 4 best performers are selected from each batch and are allotted 2 to 3 poor performers or slow learners. Peer mentors are continuously evaluated for their performance by the teacher.

2. Identification of peer mentee

Mentees are identified based on the performances exhibited in the periodic tests conducted in first 3 months of the academic year. 5 to 10 poor performers or slow learners from each batch are selected as peer mentees. Each peer mentor is paired up with 2 to 3 mentees and are instructed the peer mentor to facilitate their transition to and academic success.

3. Activities for enriching each other performances

Each batch will have 3 to 4 peer mentor mentee groups. These groups are encouraged to have class room discussions. They are also encouraged to visit library regularly and discuss the topics taught during the day.

4. Quantifiable improvement over the period of year


Based on the peer mentoring program conducted there's 20% improvement in academics, and other improvements noticed are knowledge sharing between mentor and mentees which helps clarifying concepts and issues related to subject. Improve skill development of mentees which is imparted by observing peer mentor. Improving the performance of mentees in university exams

5. Outcome of peer mentoring

Overall peer mentoring has imparted the following characteristics

- Personal and professional development-improvement in university exams
- Improves self-esteem
- Psychological support in transitioning of mentees
- Stress reduction
- Time management
- Personal competence
- Communication skills
- Group social dynamics




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THIRD YEAR BDS BATCH 2019-2020 PEER MENTORING

SL NO	NAME OF THE STUDENT	GENERAL MEDICINE					GENERAL SURGERY					ORAL PATHOLOGY					
		1 st interna I marks(70)	2 nd interna I marks(70)	3 rd interna I marks(70)	Univer sity marks (200)	1 st interna I marks(70)	2 nd interna I marks(70)	3 rd interna I marks(70)	Univer sity marks (200)	1 st interna I marks(70)	2 nd interna I marks(70)	3 rd interna I marks(70)	Univer sity marks (200)	1 st interna I marks(70)	2 nd interna I marks(70)	3 rd interna I marks(70)	Univer sity marks (200)
	K Ranjima (peer mentor)	38	46	53	161	35	44	51	129	54	52	56	168				
1	Akanksha Yadav (mentee)	32	36	41	138	24	32	36	116	23	33	38	148				
2	Ashwani Kumar Tiwari (mentee)	29	32	36	149	20	28	35	120	24	32	37	142				
	Nidhi Singroha (peer mentor)	37	40	46	139	31	37	39	129	50	49	52	166				
3	Atul Kumar Singh (mentee)	15	22	34	136	10	19	26	116	20	27	35	121				
4	Prateek Singh (mentee)	25	27	34	156	15	27	36	135	22	27	32	139				
	Rj Sreeraja (peer mentor)	39	42	50	156	40	38	53	144	46	44	48	153				

5	Saroj Jakhar (mentee)	28	37	40	141	37	40	43	138	25	29	35	136
6	Vaidya Pranav (mentee)	23	29	37	133	20	25	32	118	29	32	36	131
7	Vivek Kumar Yadav (mentee)	19	26	34	149	12	29	35	120	24	27	34	125



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Army College of Dental Sciences
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Mentor Log Books

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ACDS .

MENTEES . & MENTOR .

MENTOR - Dr. G Madhusudhana Rao

FIRST YEAR

3

Name - Sunita

Phonenumber - 8396805632

ally
life

Address - V.P.O. - Luhari, distt. P. Teh - Shahjhar, Haryana (124108)

Father's name - Pawan Kumar.

Occupation - Armed Guard (Ex-serviceman) - Army.

Father's number - 8930286039

Mother's name - Meeni Devi

208

Occupation - Housewife.

Mother's number - 9992158135.

Siblings - 1. Nikki

2. Vashu.

Email ID - singhsunita3977@gmail.com

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LAST YEAR

1

- Haven't participated in any cultural / sports events.

SECOND YEAR .

Name - Sushmita Pal

Phone number - 7001401556

Address - Sonajhuda APPE flat No: 20111
Sukhsomantala Kolkata.
Chandanagar, West Bengal 712136

Father's name - Prasanta Kumar Pal

Occupation - Ex-Army Personnel
Father's number - 997203 7548

Mother's name - Nabanita Pal

Occupation - House wife

Mother's number - 83078 44911

Siblings - one elder brother

Email ID - sushmitacool.ninja@gmail.com

CULTURAL EVENTS / SPORTS

2020 - 21

- Poetry competition — won 2nd prize
- Cooking competition — won 3rd prize
- participated in pictiory and group dance competition

Sports

- participated in chess
- Cricket — won 1st prize

Name - Swastika Pal
Year - 1st Year Student.

Q1.
Ans. Anyone who can guide us to the right path, may it be emotionally, personal life, academically, and overall confidence in facing obstacles of everyday life.

Q2.
Ans. No, never had before.

Q3.
Ans. ①. I would like to explore at my weaker areas where I get anxious.

② Career options - Yes

③ Professional skills - Yes

④ Subject matter expertise - Yes.

⑤ Brainstorm new perspectives on problem solving - Yes.

Q4.
Ans. Because Sir, we have known you as a very disciplined man with principles and has right experience of many years to guide us to our right track.

Q5.
Ans. I'll have right and a scheduled perspective towards academics, sports, future career options and will come out of this.

college with confidence and flying colors.

Q6.
Ans. Would like to be under such a mentor as far and long as possible.

Q7.
Ans. Through reading, experiments, structures and observing,

Q8.
Ans. At certain circumstances, a dean sergeant to build confidence as a cheerleader, and for obstacles, and guidance through career and life then as a kind counselor.



Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr. Madhuvandhan Sri
Mentor Email: _____
Mentor Phone: _____
Mentor Chat: _____
Mentee Name: Sushmitha Pal
Mentee Email: _____
Mentee Phone: _____
Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

Sushmitha
Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVES	
1.	Career guidance
2.	Skills development
3.	Management

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JeanAnn Nichols
Executive Coach and Speaker

2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

To be able to achieve all set objectives & goals.

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 4 5 6 7 8 9 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

more concentration & commitment

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

good understanding & problem solving skills

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JeanAnn Nichols
Executive Coach and Speaker

6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

Worked easily

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	DIDNT WORK
1. <i>Meditation</i>	1.
2. <i>Notes making</i>	2.
3.	3.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

SECOND YEAR .

Name — PEGADA SIVANI

Phone number — 9492724923

Address — 6-1-132/30/2/004, Amulyas wonder avenue, st-13, padma rao
-nagar, Secunderabad, 500061. TELANGANA

Father's name — PEGADA GOVINDAIAH

Occupation — Business

Father's number — 9440521405

Mother's name — P. LAKSHMI DEVI

Occupation — Home maker .

Mother's number — 9441428885

Siblings — one brother. → P. PURNA HARI GOVIND.

Email ID — sivanipegada@gmail.com

P. SIVANI

Roll no- 24

2nd year BDS

I don't really have much idea about mentoring sir but, it's something more like a healthy relationship between a more experienced person and the one who is not. Mentor should be trying to enhance the skills of the student academically, and also the personal issues.

→ No, sir. I had no mentors before, My parents are the soul mentors for me till now sir.

→ I would like to improve my practical skills and I choose the better options in future to build my career through mentor guidance.

→ I choose you because you are the more experienced person in Profession and also in age, so that I get to acquire more knowledge and acquire a clarity regarding everything. And I strongly feel that you care for students and share valuable talks useful and share your experiences so that I get motivated and aim towards my dream.

→ I am a person who needs motivation and inspiration for everything. I would be glad if I improve the good qualities and build a strong mind and don't overthink about small things. And improve the career skills.

- as long as possible with healthy relationship
- Doing, watching, and experiencing
- I would be more happier to receive a feedback because makes me a better person so I would always be thankful ready to receive the compliments

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JeanAnn Nichols
Executive Coach and Speaker

Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr. Mathu Sudhan Sir
Mentor Email: _____
Mentor Phone: _____
Mentor Chat: _____
Mentee Name: Sivani Pegada
Mentee Email: _____
Mentee Phone: 9492724923
Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

P. Sivani

Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVES

1. Career guidance
2. Support
3. encouragement

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Executive Coach and Speaker

2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

To be committed towards achieving

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 4 5 6 7 8 9 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

Commitment & focus

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

good problem solving skills & grasping power

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JeanAnn Nichols
Coaching, Consulting and Speaking

6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

Trouble making constant focus & determination

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	DIDNT WORK
1. Meditation	1.
2. Notes making	2.
3.	3.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)



Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- **Maintain confidentiality.** This is key to building trust, which is the foundation of a successful mentoring relationship.
- **Focus on the mentoring objective.** The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee make his/her own answers.
- **Welcome both positive and challenging feedback.**
- **Be willing to take risks and 'try on' new perspectives.**
- **Periodically assess the effectiveness of the relationship.**
- **Celebrate the learning process, as well as the wins, together.**
- **Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.**

BE A GREAT MENTOR

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JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr. Madhusudhan Sai

Mentor Email: _____

Mentor Phone: _____

Mentor Chat: _____

Mentee Name: Pawan Sai

Mentee Email: _____

Mentee Phone: 9550528785

Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

Pawan
Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVES
1. Support
2. Skill development
3. Career guidance

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Executive Coach and Speaker

2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

To be committed towards achieving my goals.

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 4 5 6 7 8 9 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

Staying focused.

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

I try to understand and implement all that I've learnt.



6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

*I stumble in my determination and
a little problem in concentration*

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	DID NOT WORK
1. Meditation	1. group studies
2. making notes	2. learning from video lessons.
3.	3.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to face)

Name - Kabbaz Keeli Santosh

Phone number - 7620474214

Address - 353/54 mangalwar path shantivanal
appt. Sabara

Father's name - Santosh Haridas Kabbaz

Occupation - Army seeing

Father's number - 9828167573

Mother's name - Kalavati Santosh Kabbaz

Occupation - House wife

Mother's number - ~~7219~~ 9370415724

Siblings - 2 sisters

- Kieran

- Karishma

• what do you know about mentoring?
→ mentor is an experienced person who shares knowledge, advice and experience to guide you.

• have you had a mentor before?
→ No, never had before.

• what would you like to explore through mentoring?
→ career options.

• what did you think of me?
→ Sir, you are very supportive and disciplined.

• what would be the best outcome of mentoring?
→ easy communication with mentor to and having great advice for ~~our~~ future.

• How long do you expect the relationship to continue?
→ till I feel some guidance from you.

• approach to learning → watching, tea listening and reading.

• How would you like to receive your feedback or be challenged?

→ I would like to receive my feedback as cheerleader.

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Executive Coach and Speaker

Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr. Madhusudhan Sree

Mentor Email: _____

Mentor Phone: _____

Mentor Chat: _____

Mentee Name: Kirti Santosh Falker

Mentee Email: _____

Mentee Phone: 76 204 74214

Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

Kirti
Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVES

1. Career guidance
2. Support
3. Skill development



2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

To be committed towards achieving
my goals.

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 4 5 6 7 8 9 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

Staying focused and having a
committed routine

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

I keep space for both my personal and
professional life separately.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

I get worried a lot

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	DIDN'T WORK
1. Making experience notes	1.
2. Meditation	2.
3.	3.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

THIRD YEAR

65

Name - S. Sre Vandini Narayan
Phone number - 6304681551

Address - H.No. 16-41, New Mirjalguda, Malkajgiri, Hyd. ~~500047~~
Telangana - 500047

Father's name - N. Srinivasan

Occupation - Advocate

Father's number - 9849413459

Mother's name - S. Aliveni

Occupation - Home makes.

Father's number - 9652299827

Siblings - 2 elder brothers

- S. Anurag Narayan

- S. Anusuthi Narayan

Submitted by:-

S. Sri Nandini Narayan

III BDS

Rno. 33

To my understanding, I think, mentoring is a one-to-one relationship between an experienced professional (Mentor) who shares their knowledge, skills and experience with a less experienced professional (Mentee) to assist in their constant progression.

2) No, I didn't have a mentor prior to this.

3) I would like to explore career options, professional skills through mentoring

4) I would think of you because I've heard from my seniors that you are an amazing teacher and I have immense respect for you and I could believe that I definitely am in safe hands.

5) Support, empathy, encouragement, counselling, skill development, career planning, problem-solving skills

6) I would like to continue it even after my graduation

7) I try to motivate myself no matter what the situation is. I try questioning myself with regards to what I've learnt in a day be it studies or any simple life skill/science.

I believe that practical learning enhances one's knowledge better than theoretical learning.

If I could like to receive feedback with me in
standards and a kind conversation

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.



Basic Information:

Mentor Name: Dr. Madhusudhan Sii
Mentor Email: _____
Mentor Phone: _____
Mentor Chat: _____
Mentee Name: S. Sei Nandini Narayan
Mentee Email: seinandini36@gmail.com
Mentee Phone: 6304681551
Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly
Duration (in minutes): 30 45 60
Mode: in person phone video
In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

S. Nandini
Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVE
1. Career guidance
2. Professional development
3. Enhanced skill development



2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

To be able to achieve all set objectives

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

more concentration and commitment

5. What are your greatest strengths and capabilities that will help you achieve your objectives?



6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

I have trouble in maintaining a constant focus, I get wavered easily.

7. What actions have you taken so far? What has worked / what has not worked?

Worked	Not Worked
<ol style="list-style-type: none">Kept all electronics asideSit alone to study.making notes for reference	<ol style="list-style-type: none">Group studiesGroup discussions

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

FINAL YEAR.

75

Name - V Mamam

Phone number - 7981962904

Address - 10-139/1, Annaburna colony, near
Vadlamudi X Roads, Tenali, Andhra Pradesh

522213

Father's name - V V Srinivasa Rao

Occupation - Army Personnel (Retired)

Father's number - 7702170663

Mother's name - V Lakshmi Kala

Occupation - Home maker

Mother's number - 7702170468

Siblings - 1 - brother

V Soma Shekar

What do you know about mentoring?
Mentoring means a person who is higher in authority & experience supervise a batch or a group under him & resolves their needs & issues

Have you had a mentor before? How did it go?
What worked / didn't work?

Here is ACDs ^{one} ~~some~~ staff members were appointed for each batch as their mentor.

- Class Representatives used to take issues or requests to him.

- What didn't work: It was limited to postponing of exams or requesting for new teacher etc.

• Only CR used to go others want were not bothered to go & share anything.

• They were strict & senior staff so people avoided going to them. They were happy that only CR has to go.

- What worked: The requests were listened carefully & action was ~~certainly~~ definitely taken in favour or against us for our good w

Q) What would you like explore through mentors.

- New perspective on problem solving

So many people dont know how to cope up with problems whether in academics or other matters of life.

If we excel in problem solving, half of the things would be done. Life will be little less difficult.

- Also I would like to acquire subject expertise & professional skills so that I am confident about that ~~dept~~ subject also side by side I will work hard on it.

Q) Why did you think of me?

- "CANCER CELL THEORY" → It really filled me up with so much enthusiasm, pushed me to work hard & never gave up.

- Sir you are firm, Intelligent, Disciplined & at the same time very caring & concerned.

I would like to inculcate all the positive things from you in my life.

- That story of you being failed many times in academics, in personal life & family matters really makes me think that how did you cope up everything that time.

How you never changed your choices & how you are here today at this place as a successful person.

Best outcome of mentoring relationship for you?
If I am able to learn how to do effectively & efficiently I am able to solve my problems I would be very happy.

As I am under ~~an~~ you sir, if I am able to see your works, it would be very beneficial & fascinating for me. I would have more visual experiences of surgeries.

Best Rapport, so that whatever happens I foremost report to you.

1) How long do you expect relationship to continue?
- If possible life long, because once a mentor, is always a mentor.

2) Approach to learning?

- First watching with explanations
- then reading
- then doing
- lastly experimenting

3) How do you like to receive feedback?

- Any means would be fine with whatever our Mentor thinks is better for us.

V Mamani
final yr

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr. Madhusudhara Rao
Mentor Email: _____
Mentor Phone: _____
Mentor Chat: _____
Mentee Name: V Mamani
Mentee Email: vakamamani@gmail.com
Mentee Phone: 7981962904
Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters.

Signature: V. Mamani

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

- | MENTORING OBJECTIVES | |
|----------------------|--|
| 1. | To gain confidence in clinical & academic excellence. |
| 2. | To remain calm & composed in most stressful situations. |
| 3. | Ability to make correct choices & follow even the most boring schedules. |

BE A GREAT MENTOR
A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

Being a "perfect 10" appears fearless, confident & inspiration for others

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 **4** 5 6 7 8 9 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

Every day studying & incorporating theories clinical works

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

My greatest strength which will lead to my objective is ability to listen carefully & understand it & sink in it. Motivations leave a strong impact on me which is then reflected in my works.



6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

- Fear that I'm not having a good handwork.
- Poor ability to make choices.
- I panic first instead of thinking & finding solution

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	CHALLENGES
1. Everyday studying	1. Meditation (as I left in between)
2. Meditation	2.
3.	3.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

FINAL YEAR

85

Name - Pujala Balaji Reddy

Phone number - 8076100399

Address - 1/A D8101 Hno 203 Ph no. 189 Avison tower B, near Pawan
Bhagat Singh Chowk, Kakeeda, new delhi-78

Father's name - P. L. Reddy

Occupation - Ex Army

Father's number - 9717456946

Father's name - P. Leelavathi

Occupation - Self employed

Father's number - 7981703842

Siblings - one elder brother.

- P. Sainath Reddy

I don't know much about mentoring, I understand that mentor is a guide to our problems and is effectively helpful

JeanAnn Nichols
Executive Coach and Sp

I never had a mentor before.

Yes, I would like to explore through mentoring. Yes, a mentor being more experienced can give quality advices for the given prompt, which ~~is~~ I would love to note.

MENTOR
X
X
X
X
>

To be honest, we didn't get think or chase our mentors.

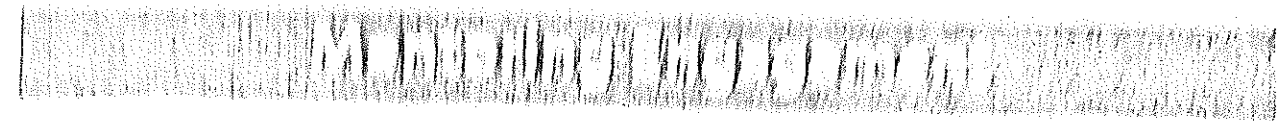
Ans. Best outcome of a mentoring relationship for me, is to get a stable life with a designated path, of course on which I should be happy.

four
up is
ing
elp

Ans6 I wish to continue the relationship as long as it permits because ~~to~~ I think it will be beneficial to me.

Ans7. I ~~just~~ prefer to learn by first watching any procedure or experiment with a little guidance and explanation followed by reading the theory.

Ans8. A kind counselor will be the best fit for me, I tend to listen more if I am being told kindly, of course if I don't respond "Dell respond" + it !!



	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.

Welcome both positive and challenging feedback.

Be willing to take risks and 'try on' new perspectives.

Periodically assess the effectiveness of the relationship.

Celebrate the learning process, as well as the wins, together.

Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR
A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr G. Madhusudhana Rao
Mentor Email: +91 95025 70281
Mentor Phone: +91 95025 70281
Mentor Chat: _____
Mentee Name: Pujala Balaji Reddy
Mentee Email: reddybalaji0110@gmail.com
Mentee Phone: 8076100344
Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

Pujala Reddy
Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVE

1. To let out your problems
2. Guidance in career options.
3. To be frank & to have someone to share things with.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

"Perfect 10" would be something where I overcome all ~~the~~ my ~~negatives~~ negatives in my life & fully focused on my goals.

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 4 5 6 7 8 9 ~~10~~

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

I feel that at present, I am fully capable & equipped to achieve my goals.

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

My strength is my dedication & seriousness towards my goals as well as the path I choose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

My sleep pattern, Peer pressure, Lack of faith in myself are the only challenges which are yet to get overcome. need to be neutralised.

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	DIFFICULTY
1. Getting up in morning Having some alone time	1. Getting up in morning (I couldn't get up)
2. to think About my	2. I couldn't get rid
3. life & how its gonna be	3. some habits.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

INTERN

Intern

95

Name - Manisha MA.

Phonenumber - 6281291034.

Address - Manisha, melamode, pazhalkully P.O, Nedumangad,
thiruvananthapuram, Kerala.

Father's name - Col Anishmon M.S.

Occupation - Army Personnel.

Father's number - 9903822730.

Mother's name - Maheswary M.P.

Occupation - Housewife.

Mother's number - 9745771428.

Siblings - 1 brother - Akash.A.M.

- Pursuing law at Army institute of law,
Mohali.

1) What do you know about mentoring?

I believe, mentor is a person who guides less experienced person by motivating, correctly advising, giving/showing his/her experiences to success, directing towards a goal by training and coaching and support by building trust of students.

2) Have you had a mentor before? How did it go? What worked/didn't work?

No

3) What should you like to explore through mentoring?

I would genuinely want a person to guide me through career options, professional skills and soft skills and problem solving abilities.

4) Why did you think of me?

Sir, I was fortunate enough to have you as our lecturer (Professor) for Oral maxillofacial surgery in my final year which helped me in understanding and learning the subject from the basics under your guidance through your lectures. Also you always related the lessons to real life examples that would allow the material to make more logical sense to students making the subject/lessons easy to relate to at the same time helped students in understanding not only the subject but also motivated towards their career goals. These reasons urged me to have you as my mentor and I'll be honoured for the same.

5) What would be the best outcome of a mentoring relationship for you?

Having a mentor would genuinely help me be focussed towards my goals, have a correct direction to work towards and help me overcome my doubts and be confident towards professional goals.

6) How long do you expect the relationship to continue?

I will be grateful to have you as my mentor even after graduation.

7) Tell me about your approach to learning

- Mainly by doing and reacting about the particular topic.

8) How do you like to receive feedback or be challenged?

- By kind counselling and time to time assessment.



Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr. G. Madhusudhana Rao
Mentor Email: _____
Mentor Phone: _____
Mentor Chat: _____
Mentee Name: Manisha MA
Mentee Email: manishamishmaheswary@gmail.com
Mentee Phone: 6281291034
Mentee Chat: 1

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

In between meetings, we may exchange e-mail, chat or phone calls on urgent matters

Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

MENTORING OBJECTIVE	
1.	Discussing topics related to academics
2.	1) Discussing the topics of pertaining to academics.
	2) Career counselling.
3.	1) Sharing & problems which I can't solve alone.

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

2. Describe a "perfect 10" of that state. What does it look like, how do others react, how do you feel?

My "Perfect 10" would be when I've achieved all my goals & I am successful in my life.

3. Where are you now? Rate yourself on a scale of 1-10 (10=best) as to how you see yourself at the present time toward reaching these objectives.

Circle your current rating 1 (low) to 10 (high).

1 2 3 4 5 6 7 8 9 10

4. What will it take in terms of new capacities or competencies to get to a 10 (or the desired skill level)? (These become the developmental objectives.)

I need to focus on studies & longer than I am right now. Time management seems to be the issue to me.

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

My greatest strength is that I am serious about my life & this seriousness pushes me forward to achieve my goals.



6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

Time management, & I give up very easily some times when I find something difficult.

7. What actions have you taken so far? What has worked / what has not worked?

WORKED	DIDN'T WORK
1. Talking to my parents	1. Waking up in the morning
2.	2. made me sleepy all day
3.	3. Sitting in library, very hard for me to sit & read

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

INTERN.

10;

Name - Vivek Viswanath.

Phonenumber - 9074445163.

Address - Konona house, Theyallingal P.O, Malappuram, Kerala.

Father's name - Viswanath M

Occupation - 9048029977. Ex Servicemen.

Father's number - 2

Mother's name - Kankaprapha.

Occupation - Housewife.

Mother's number -

Siblings - 1 brother → Vaisakh



Mentoring Engagement

	MENTOR	MENTEE
Sets Mentoring Objective	X	X
Schedules Meetings		X
Brings (Sets) Meeting Agenda		X
Records Learnings/Notes		X
Maintains Confidentiality	X	X
Shares Experiences	X	X

Ground Rules:

- Maintain confidentiality. This is key to building trust, which is the foundation of a successful mentoring relationship.
- Focus on the mentoring objective. The purpose of the relationship is to facilitate action and learning for the mentee with regards to his/her learning objectives. The mentor acts as a sounding board and asks questions that help the mentee mine his/her own answers.
- Welcome both positive and challenging feedback.
- Be willing to take risks and 'try on' new perspectives.
- Periodically assess the effectiveness of the relationship.
- Celebrate the learning process, as well as the wins, together.
- Conclude the mentoring engagement when objective is met or the relationship is no longer serving its purpose.

BE A GREAT MENTOR

A Practical Guide to Mentoring



Jean Ann Nichols
Executive Coach and Speaker

Basic Information:

Mentor Name: Dr G Madhusudhana Rao
Mentor Email: _____
Mentor Phone: _____
Mentor Chat: _____
Mentee Name: VIVEK K
Mentee Email: vivek.vishwanath.22@gmail.com
Mentee Phone: 90 7444 5163
Mentee Chat: _____

Preferred Meeting Logistics (Check One in Each Section)

Frequency: quarterly monthly bi-weekly

Duration (in minutes): 30 45 60

Mode: in person phone video

If between meetings, we may exchange e-mail, chat or phone calls on urgent matters.

Signature—Mentee

Signature—Mentor

First Meeting Establish Mentoring Objective:

1. What are your objectives for our mentoring sessions together?

1. Academic Excellence
2. Leadership qualities
3. Problem solving ability

BE A GREAT MENTOR

A Practical Guide to Mentoring



MENTORING

2. Describe a "perfect life" of that state. How does it feel? How do you feel?

It is a state of being confident, carefree, self-sufficient & others will be feeling "under the gun".

3. Where are you now? Rate your self on a scale of 1-10 (1 = lowest level of skill, 10 = highest level of skill) you self at the present time toward teaching your objectives.

Circle your current rating: 1 2 3 4 5 6 7 8 9 10

1 2 3 4 5 6 7 8 9 10

4. What will it take in terms of new capabilities or experiences to get to a 10 at the desired skill level? (These become the development objectives.)

Taking up tasks to build yourself.

5. What are your greatest strengths and capabilities that will help you achieve your objectives?

Determination & Persistence

BE A GREAT MENTOR

A Practical Guide to Mentoring



JeanAnn Nichols
Executive Coach and Speaker

6. What do you see as your challenges or weaknesses that could hinder you in attaining your objectives?

com Lacking communication skills.

7. What actions have you taken so far? What has worked / what has not worked?

Worked	Did Not Work
1. Reading Books	1. communicating with others
2. Following Discipline	2.
3.	3.

Suggestions to Begin Each Session:

Mentor can ask: "What would you like to discuss? What would you like to leave with as a result of our time together?"

Check in. Mentor can ask: "What insights have you gained since we last met?"

Suggestions to Close Each Session:

Mentee recaps what they are taking away from the session.

Mentee reviews their next steps - reflect on a question, record observations, take action, etc.

Confirm logistics for next session - date, time, method of communication (phone, video, face-to-face)

ACTIVITIES & MEETINGS

Meeting-1

109

Date - 6 August, 2021.

Time - 1pm (started) 2:15 (ended).

Venue - Seminar hall (Dept of Oral maxillofacial Surgery).

Topic of Discussion - General introduction of mentees & interaction with mentor.

- Discussed the concept of Mentorship.
- Discussed date of next meetings.

People Attended

- 2nd years - Shivani
 - Sushmita
 - Pawan
- 3rd years - Keerthi
 - Nandini
- Final year - mamani
- Interns - Vivek
 - Manisha M.A.

Task given - To fill mentor-mentees form and submit to mentor.

- Interns to lead next discussion with a proper agenda.

Date - 13 August

(Starting) Time - 2 pm

Completion time - 3 pm

Venue - Ground
near college

Topic of discussion - General discussion of books to follow for each dental subject & importance of reading standard books.

People attended

- 1st year - Vrishali
- 2nd year - Sushmita
- Shivani
- Pawan
- 3rd year - Keerthi
- Nandini
- Final year - Mamoni
- Balaji
- Interns - Vivek
- Manish M.A.

Task given - Interns to take 1st years and 2nd years to different depts of the college ~~and~~

Task completed - on 16th August

Intern - Vivek

Attended by - Sushmita

- Shivani

Meeting - 3

Date - 23 August

Starting time - 1:30 pm

Venue - College Library

Completion time - 2 pm

Topic of discussion - General discussion

People attended - 2nd year - Sushmita

Sivani

Pawan Sai

- 3rd year - Kirti

Nandini

- Final year - Mamani

Task given - : no task as such.

Meeting time was decided to be done after the college hours i.e. 3 pm as per the convenience of the students.

Meeting - 1Date - ~~20~~ October, 2021

Starting time - 5:30pm

Venue - College Library

Completion time - 8:00pm

Topic of discussion - Career options after BDS.

- Whether to pursue MDS or job opportunities abroad or start practicing after BDS
- ~~How~~ How to focus and systematic preparation towards your goal.
- Importance of soft skills (communication skills)

People attended - Sushmita Pal } end yrs

- Shrivani }

- Pawan Sai }

- Balaji } final yrs.

- Manmani }

- Nandini - 3rd year

- Manisha MA - Intern.

Tasks given - Search for courses on communication skills & improving other soft skills

Meeting-5

113

Date - 6 December, 2021.

Starting time - 2:45 pm

Completion - 5:30 pm

Venue - Seminar Hall, OHFS

Topic of discussion - (1) Importance of Soft skills in dental practice
- Lecture taken by Dr. Mallikarjun Reddy.
(2) Followed by clearing queries of members regarding how to prepare for exams.
- This was followed by small gathering in the cafeteria.

People attended -

- Sushmita Pal } and yrs.
- Shivani } and yrs.
- Lawan Sai } and yrs.
- Balaji } final yrs
- Namani } final yrs
- Nandini } 3rd yrs
- Keerthi } 3rd yrs
- Vrishali } 1st years
- Manisha MA } intern
- Vivek } intern

Tasks given - To decide a suitable place for mentor - mentees get together.

Meeting 6

Date - 29th December, 2021

Starting time - 3pm

Venue - library

Completion - 6pm

Topic of discussion - guidance on preparation
for final examinations

People attended - Sushmita Pal } 2nd yrs
Sivani }

Nandini } 3rd yrs.
Kiiti }

Mamrani - 4th yrs.

Virek.

Manisha } intern

Vishali } 1st

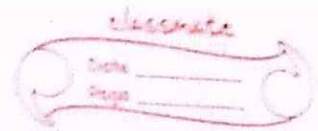
Sunita } yrs.

Tasks given - no tasks given as such.



PRINCIPAL
Army College of Dental Sciences
Secunderabad-500 087

01 June 2020



DATE :

VENUE :

S.NO.	Students Name	Academic Activities	Extracurricular Activities	Personal
01.	Anupama	checked for progress of online classes	-	NO issues
02.	Pooja	Helped with online classes	-	None
03.	Arti	} NO issues	-	None
04.	Pritya		-	
05.	Aishwarya		-	
06.	Neha	"	-	None
07.	Vineela	"	-	
Action Taken				

Signature

nehamehro

15th June 2020.

classmate
Date _____
Page _____

Academic

Extracurricular

	Academic	Extracurricular
01. Anupama	Asks enquired for any problem	
02. Pooja	in online classes.	
03. Akki Kumari	✓	
04. Parija	Helped with the presentation	
05. Aishwarya	attending classes	
06. Neha Dagan	✓	
07. Vineela	✓	

Signature :
phenomena

01 July 2020

Venue:- Online - Dept of Conservative
Academic Extracurricular Personal

01. Anupama ✓

02. Pooja ✓

03. Arti ✓

04. Parvati ✓

05. Aishwarya ✓

06. Neha ✓

07. Vineeta ✓

No. odd
activitiesSignature

yehemehs

15 July 2020

academic
activitiesextracurricular
activities

Personal

01. Anupama

online
classes

02. Pooja

✓

03. Aarti Kumari

✓

04. Priya

✓

05. Aishwarya

✓

06. Neha Dagar

✓

07. Vineeta

✓

Signature

Ayeshma

04th Aug. 2020Academic
activitiesExtracurricular
activities

Personal

01. Anupama

✓

02. Pooja

✓

03. Arti

✓

04. Priya

✓

05. Aishwarya

✓

06. Neha

✓

07. Vineeta

✓

→ All students attending online classes.
regularly.

→ Checked for network issues.

Yehomehne

17th Aug 2020

Venue - Online	Dept - Academic classes	extracurricular activities	Personal
01. Anupama	✓		
02. Pooja	✓		
03. Asti	✓		
04. Priya	✓		
05. Ashwarya	✓		
06. Neha	✓		
07. Vineela	✓		

→ Anupama and Pooja started preparing for exams

Yehameha

01 Sept 2020

Venue: - Online Dept

Academic
activitiesextracurricular
activities Personal01. Annapurna ✓ exam
prepⁿ02. Poaja ✓ exam
prepⁿ

03. Arti ✓

04. Priya ✓

05. Ashwarya ✓

06. Neha ✓

07. Vireela ✓

Yehumehum

15th Sept 2020

classmate
Date _____
Page _____

Venue :- Online - Dept

Academic
activities

extracurricular
activities

Personal

01. Anupama

02. Pooja

03. Arti

04. Priya

05. Aishwarya

06. Neha

07. Vineela

} cancelled
for exam
prepn

✓

✓

✓

✓

✓

Yehamcha

01 October - 2020

Venue: - Dept -academic
activities

extracurricular

Personal

01. Anupama

exam prepⁿ

02. Pooja

exam prepⁿ

03. Arti

04. Priya

Moved from
Home to
college

05. Aishwarya

06. Neha

07. Vneeta

Counselling
done
for students→ All students under 15 days
quarantine periodnehameho

15th October 2020Academic
activitiesextra-curricular
activities

Personal

01. Anupama

} final yr.
exams

02. Pooja

03. Arti

04. Priya

} offline
classes

05. Aishwarya

06. Neha

07. Sneha

→ The students were counselled for finishing
the pending work and practice
for the ~~PCET~~ and clinical

yehehehe

02 Nov. 2020

Academic

extracurricular

Personal

01. Anupama

at

Home

02. Pooja

03. Aarti

Regular weekly
tests

04. Priya

05. Aishwarya

completion
of the

06. Neha

PCC + PCP
work

07. Neneeta

Nehameha

17th Nov 2020

Academics Extracurricular Personal

01. Aishwarya	offline class	✓
02. Pooja	at Home	✓
03. Arti	Offline classes	✓
04. Priya	✓	✓
05. Ashwarya Anupama	at Home	✓
06. Neha	} offline classes	✓
07. Vineeta		✓

ophmecho

01 Dec 2020

	Academic activities	Extra-curricular	Personal
01. Aishwarya	✓		
02. Pooja	At Home		
03. Asti	✓		
04. Priya	✓		
05. Anyana	At home		
06. Neha	✓		
07. Vireek	✓		

phemechus

15th Dec. 2020 -

	Academic activities	Extracurricular	Personal
01. Anupama	At Home	} waiting for results	
02. Pooja	at Home		
03. Arūi	Regular tests		
04. Priya	} Regular offline classes		
05. Aishwarya			
06. Neha			
07. Vineeta			

nehamehs

04 Jan 2021.

	Academic activities	Extracurricular	Personal
01. Anupama	Results declared		
02. Pooja			
03. Arti	✓		
04. Priya	✓		counselling done for students
05. Aishwarya	✓		for coping up with the study pressure
06. Neha	✓		
07. Vineeta	✓		

Yehemeho

classmate

DATE _____
PAGE _____

18 Jan. 21

Academic activities

Extracurricular

Personal

01. Aishwarya

02. Pooja

03. Arli

04. Priya

05. Anupama

06. Neha

07. Vinita

- clinical posting started

Internship to start

counselled students and helped to cope w
e presence of studies

nehamehne

01 Feb. 21

Academic
activities

extracurricular Personal

01. Anupama

Internship

02. Pooja

03. Arti

Regular classes

04. Priya ✓

05. Aishwarya ✓

06. Neha ✓

07. Sneha ✓

nehameha

15 Feb 21-

	Academic activities	Extracurricular	Personal
01. Anurana	Internship		Counselled for following proper covid protocols
02. Pooja			
03. Arti	Regular class tests		
04. Priya	✓		
05. Aishwarya	✓		
06. Neha	✓		
07. Veneela	✓		

→ Beginning of prep-leave for the exams

→ Helped the students with their weak subjects

→ counselled to follow proper covid protocols

yehe mehe

9th March 21

	academic activities	extracurricular	present
01. Anupama	Internship final exams		✓
02. Pooja			✓
03. Asti			✓
04. Priya			✓
05. Aishwarya			✓
06. Neha			✓
07. Vireeta			

→ The 2nd + 3rd yr. students counselled for their exams.

→ The interns counselled and asked to follow proper covid protocols

Yehemeh

15th March. 21

classmate
Date _____
Page _____

Academic
Classes

extracurricular
personnel

01. Anupama

} Interne-

02. Pooja

03. Aarti

04. Priya

} Examinators

05. Archanya

06. Neha

07. Viree

adv. to
get the
vaccination
done

pehemehs

1st Apr. 21

classmate

Date

Page

Academic
activities

extracurricular personal

01. Anupama

✓

02. Pooja

✓

03. Arti

04. Priya

05. Ashwanya

06. Neha

07. Sneha

Examination

→ The interns were given an idea about the research by asking help to them to read journals

→ Encouraged for seminar presentations & e-presentations

16th Apr 21.

	Academic activities	extracurricular	personal
01. Anupama	} Internship		
02. Pooja			
03. Ashi	'at Home'		
04. Priya	} went home.		
05. Aishwarya			
06. Neha			
07. Vireeti			

→ The students were told about the online classes for the next academic yr.

yehermehus

1st May 21

classmate
Date _____
Page _____

	Academic activities	extracurricular	personal
01. Anupama	Regular at 100% posting		
02. Pooja			
03. Aarti	Online classes		
04. Priya			
05. Aishwarya			
06. Neha			
07. Vineetha			

→ Pooja was cancelled to be regular
for her clinical posting

Yehomecho

15th May 21Academic
activities

extracurricular

personal

01. Anupama

✓

02. Pooja

✓

03. Aarti

04. Priya

} online
classes

05. Aishwarya

06. Neha

07. Vineeta

→ Improvement in Pooja's attendance
 → Regular at church now.

yehemehse

1st June 21

classmate

Date _____

Page _____

Academic activities

Extracurricular

Personal

01. Annapana

✓

02. Pooja

✓

03. Asti

✓

04. Puja

✓

05. Ashmaya

✓

06. Neha

✓

07. Vineeta

✓

→ Regular online classes for the students

→ checked if have connectivity issues

→ Discussed what problems faced in understanding subjects

Yehanch

15th Jan 21Academic
activities

extracurricular

Personal

01. Anupama

✓

✓

02. Pooja

✓

✓

03. Arli

✓

✓

04. Priya

✓

✓

05. Aishwarya

✓

✓

06. Neha

✓

✓

07. Vineeta

✓

✓

yehemelsa

1st July 21.

	Academic activities	Extracurricular	Personal
01. Anupama			✓
02. Pooja			✓
03. Arti			✓
04. Priya			✓
05. Ashwarya	Break given to online classes		✓
06. Neha			✓
07. Vinod			✓

→ The students on break & online classes.

→ Quarantine period

nehavelu

15th July 21

Venue:	Dept.	academic	extra curricular	personal
01. Anupama	}	Intern.		
02. Pooja				
03. Arti				
04. Priya		Offline classes started		
05. Aishwarya				
06. Neha				
07. Virendra				

mehermeher

2nd Aug 21

Venue: Dept

	Academic activities	extracurricular	Personal
01. Anupama	Regular postings	Prepping up for culturals	✓
02. Pooja			✓
03. Arti	✓		✓
04. Priya	✓		✓
05. Ashwanya	✓		✓
06. Neha	✓		✓
07. Vineeta	✓		✓

Yehemehis

16th Aug. 21 -

classmate
Date
Page

Venue:- Dept

academic
activities

extracurricular personal

01. Annapurna

Clinical

02. Pooja

Postings

03. Asti

✓

Rangoli
participat

04. Pooja

✓

05. Ashwanya

✓

Sports

06. Neha

✓

Badminton

07. Virendra

✓

won in
sports

→ Preparation for 1st Internats
year

1st Sept 21

Success
Date
Page

Venue: Seminars Room:

	Academic Activities	extracurricular persons
01. Anupama	✓	
02. Pooja	✓	
03. Arti	✓	
04. Priya	✓	Students organized
05. Aishwarya	✓	Jan Mashkani
06. Neha	✓	
07. Vireek	✓	

nehameho

15th Sept 21

	Academic activities	Extra-curricular	Personal
01. Anupama	✓	✓	✓
02. Pooja	✓	✓	✓
03. Arti	✓	✓	✓
04. Priya	✓	✓	✓
05. Aishwarya	✓	✓	✓
06. Neha	✓	✓	✓
07. Vineeta	✓	✓	✓

Yehamelo

1st Oct 21

classmate
Date _____
Page _____

	Academic activities	Extracurricular	Personal
01. Anupama	✓		
02. Pooja	✓		
03. Asti			
04. Priya	} Participated in Online day		
05. Aishwarya			
06. Neha			
07. Vneeta			

→ All students checked for their regular clinical work

→ Discussed problems in Hostel

Yehemels

18th Oct 21

	Academic activities	Extracurricular	Personal
01. Anupama	✓		
02. Pooja	✓		
03. Arti	✓		
04. Priya	✓		
05. Aishwarya	✓		
06. Neha	✓		
07. Vineetha	✓		

Nehamehta

01 NOV 21

Extracurricular Personal

01. Anupama Interns

02. Pooja Interns

03. Arti ✓

04. Priya ✓

05. Ashwanya ✓

06. Neha ✓

07. Venkatesh ✓

→ Councilled for regular classes

15th Nov. 21

	Academic activities	Extracurricular	Personal
Anurupa	Regular postings		
Pooja			
Arshi	Clinical postings		
Priya	✓		
Aishwarya	✓		
Neha	✓		13 th - 21 st Nov. Chutti
Vireeti	✓		

→ 2nd Internal preparations

→ All students checked for their health

→ Any other issues if faced at college or hostel

branches

01 Dec 21

classmate

Date _____
Page _____

	Academic achievement	Extra curricular	Personal
Anupama	✓		No issues
Pooja	✓		"
Aarti	✓		"
Pritya	✓		"
Ashwanya	✓		"
Neha	✓		"
Vineela	✓		"

→ ~~Q~~ worked on weaker subjects
of students

opelanchu

15th Dec. 21-

	Academic	Extra-curricular	Personal
Anupama	✓		✓
Pooja	✓		✓
Arati	✓		✓
Priya	✓		✓
Ashwiniya	✓		✓
Neha	✓		✓
Nureete	✓		✓

Yehameho



MENTOR LOGBOOK /
MENTOR DIARY

ASSESSMENT YEAR
2020 - 2021

MENTOR DETAILS.

Name: Dr Seema Ashwin Bhogte

Designation: Reader

Department: Oral Medicine & Radiology

MENTEE DETAILS

1. Neha Naz.

Contact No: 8074385229

2. Pragati Shaema

Contact No: 7728088227

3. Y. Sai Haeshini

Contact No: 8309227542

4. Mani Malha Chettapally

Contact No: 7013775664

5. Thota Likitha Navya

Contact No: 6303933453

6. Priya Thomas

Contact No: 7386300285

01 June 2020

Date:

Venu:

classmate

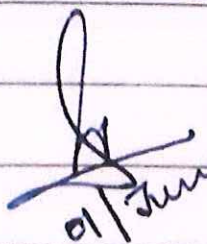
Date

Page

Sr. NO	Student's Name	Academic Activities
01.	Neha Naaz	Online classes ^{was} going on
02	Pragati Sharma	Online classes, are going on
03	Y. Sai Harshini	online classes are going on
04	Mani Mala Chetlapally	online seminars are going on
05	Thota likitha Nayya	online seminars are going on
06	Priya Tomar	online classes are going on

Action Taken : Counseled the student for exam preparation

Signature :


01/June/2020

Extracurricular activities

Personal

-

stress for final year exams

-

-

-

-

-

Could not attend the class due to internal problem

-

-

Online Essay writing

-

15 June 2020

Venu :

classmate

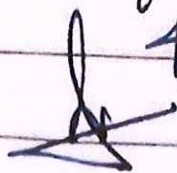
Date _____

Page _____

Sr No	Student's name	Academic Activities
01.	Neha Naz (IV BDS)	Attending online classes
02	Pragati Sharma (III rd BDS)	Attending online classes
03	Y. Sai Harshini (III BDS)	Attending online classes
04	Mani Mala Chettapally (II BDS)	Online tests are going on
05	Thota Likhita Navya (II BDS)	Online tests are going on
06	Priya Tomar (I BDS)	Attending online classes

Action taken : Counselling the student for exam preparation & health concerns + practice COVID protocols.

Signature



Extracurricular activities

Personal

-

Not able to concentrate
on studies

-

-

-

-

-

Internet connectivity
problem.

-

-


Suffering from covid-19

02 July 2020

classmate
Date _____
Page _____

Sl No	Students Name	Academic Activities
1.	Neha Naz	online classes going on
2.	Pragati Sharma	online classes going on
3.	Y. Sai Harshini	online classes going on
4.	Mammi Mala Chettapally	online classes going on
5.	Thota Likitha Nayya	online classes going on
6.	Priya Tomar	online classes going on

Action taken : Network connectivity issue raised to concerned authority.

Signature : 

Extracurricular activities

Personal

-

Network connectivity issue

-

Audio not audible

-

Audio not audible

-

-

Online debate

-

-

Suffering from covid-19

17 July 2020

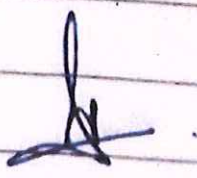
classmate

Date _____

Page _____

Sr. NO	Students Name	Academic activities
1.	Neha NAZ	online classes going on
2.	Pragati sharma	online classes going on
3.	4. Sai Harshini	online classes going on
4.	Mani Mala Chetlapally	online classes going on
5.	Thota likitha Navya	online classes going on
6.	Priya Tomar	online classes going

Action taken :- Counsellor student & advise to attend webinars.

Signature - 

Extracurricular activities

Personal

-

Not able to perform practical

Online Seminar

-

-

-

-

video not available

-

video not available.

-

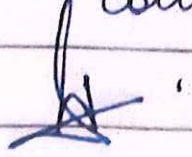
unable to attend today's
class because went to
hospital.

05 August 2020

classmate
Date _____
Page _____

Sl. NO	Student's Name	Academic activities
1.	Neha Naze	online classes going on
2.	Pragati Sharma	online classes going on
3.	Y. Sai Harshini	online classes going on
4.	Mani Mala Chetlapally	online classes going on
5.	Thota Likitha Navya	online classes going on
6.	Pritya Tomar	online classes going on

Action taken : Network connectivity issue raised to concerned authority.
Counselled to perform COVID protocol

Signature : 

Extracurricular activities

Personal

-

Not able to perform practicals

-

Internet connectivity problem

-

-

Online Essay writing

-

-

Suffering from Covid-19

-


unable to attend the classes due to weakness

19 August 2020

classmate
Date _____
Page _____

Sl. No	Student's name	Academic activities
1.	Neha Naz	Offline classes started
2.	Pragati Sharma	Online classes going on
3.	Y. Sai Harshini	Online classes going on
4.	Mani Mala Chittapally	Online classes going on
5.	Thota Lakshma Nayya	Online classes going on
6.	Priya Tomar	Online classes going on

Action taken : Advised to practise COVID protocols.

Signature : 

Extracurricular activities

Personal

-

No problems

-

No issues

-

No issues

Online Quiz

Internet connectivity
problem.

Online Quiz

Not able to understand
online classes

-

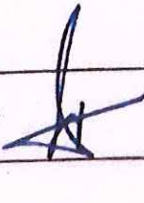
Not feeling well
due covid-19

01 September 2020

classmate
Date _____
Page _____

Sr. No.	Student's Name	Academic Activities
1.	Neha Naz	offline classes going on
2.	Pragati Sharma	online classes going on
3.	Y. Sai Harshini	online classes going on
4.	Mani Mala Chittlapally	online classes going on
5.	Thota Likhita Nayya	online classes going on
6.	Priya Tomar	online classes going on

Action taken : Gave tips for exam preparation

Signature : 

September 2020

classmate

Date

Page

Extracurricular activities

Personal

-

Preparing for final exams

Online Tests

No issues

Online Tests

No issues

-

Internet connectivity
problem

-

-

Online presentation
in class.

No issues

16 September 2020

classmate

Date

Page

Sr.No	Student's Name	Academic activities
1.	Neha Naz	offline classes going on
2.	Pragati Sharma	online classes going on
3.	Y. Sai Harshini	online classes going on
4.	Mani Mala chetlapally	online classes going on
5.	Thota Likhita Nayya	online classes going on
6.	Priya Tamal	online classes going on

Action taken : counselled to follow COVID protocol.

Signature :



Extracurricular activities

Personal

-

Preparing for final exams

-

No issues

-

No issues

-

no issues

-

no issues

-

travelling

1 October 2020

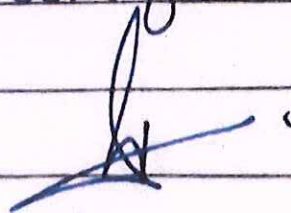
classmate

Date _____

Page _____

Ss. No	Student Name	Academic Sec
1.	Neha Naz	offline classes
2.	Prgati Sharma	online classes
3.	Y Sai Harshini	online classes
4.	Mani Mala chethpally	online classes
5.	Jota Uthra Nayya	online classes
6.	Priya Tomar	online classes

Counselled to make a time table for exam preparation for self study



extracurricular activities. Personal

-

Preparing for exams

-

no issues

-

no issues

-

network problem

-

no issues

-

no issues

16 October 2020

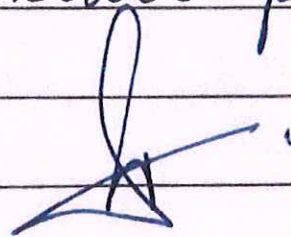
classmate

Date _____

Page _____

S.No.	Student name	Academic sec
1.	Neha Naz	exams going on
2.	Pragati Sharma	online classes
3.	P. Sai Harshini	online classes
4.	Mamī Māla Chetapally	online classes
5.	T. Srikita Nayyar	online classes
6.	Prayer Tomar	online classes

Adv Pragati to visit MH and
counselled Neha for exam preparation



Extracurricular activity

Personal.

-

Exam stress

-

health issues

-

no issue

-

no issue

-

no issue

-

no issue

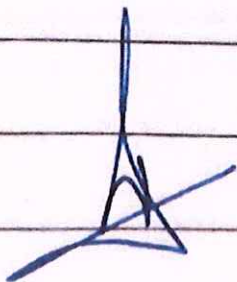
1st Nov 2020

classmate

Date _____

Page _____

S.No.	student name	Academic
1.	Neha Naz	exams.
2.	Pragati Sharma	offline class
3.	Y. Sai Harshini	offline class
4.	Mani Mala Chittapali	offline class
5.	T. Srichita Nayyar	offline class
6.	Triya Temar	online class



extracurricular activity

Personal

-

exam stress.

-

no issue

-

Quarantined.

-

no issue

-

no issue

-

no issue

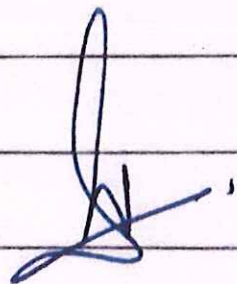
17 Nov 2020

classmate

Date

Page

S.No	Student Name	Acadmic
1.	Neha Mas	exams
2.	Pragati Sharma	offline classes
3.	T. Sai Harshini	offline classes
4.	Mani Malu Chetlapati	offline classes
5.	T. Srikita Nayya	offline classes
6.	Pritya Tomar	online classes



Extracurricular activity

Personal

-

exam others

-

Quarantined

-

no issue

Quiz

no issue

Quiz

no issue

-

no issue

1st Dec 2020

classmate

Date

Page

S.No	Student Name	Academic See
1	Meha Na22	holidays
2	Pragati Sharma	offline class
3	Y Sai Lashini	clinical posting department
4	Mamika Chethapati	clinical posting
5	T. Richita Ranje	clinical posting
6	Priya Tomer	online class

extra curricular activity

Personal issues

-

waiting for result

debate

no issue

-

no issue

-

no issue

debate

no issue

-

net work problem

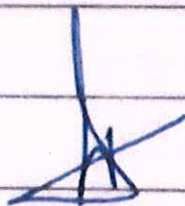
15 Dec 2020

classmate

Date

Page

S. No	Student Name	Academic Sec
1.	Neha Nazki	holiday
2.	Pragati Sharma	clinical Posting
3.	T. Sai Harshini	clinical Posting
4.	Mani Mala Chettappi	offline class
5.	T. Nikhita Nayyar	offline class
6.	Praya Thomas	online class



extracurricular Activity

Personal

-
seminar

waiting for result

no issue

-

no issue

-

no issue

-

no issue

-

no issue

1 Jan 2021

classmate

DATE
PAGE

S.No	Student Name	Academic Sec
1.	Neha Nazz	offline classes
2.	Poojati Sharma	Clinical posting
3.	Y. Sai harshini	Clinical posting
4.	Mani Mala Chetlapati	offline classes
5.	T. Likhita Nayya	offline classes
6.	Priya Tomaro	offline classes

counselled & motivated student
to participate in Quiz



Extracurricular Activity	Personal
—	no issue
—	no issue
—	illness
quiz competition	no issue
quiz competition	no issue
—	no issue

22 Jan 2021

classmate

Date _____

Page _____

S. No.	Student Name	Academic See
1.	Neha Wazg	Clinical posting
2.	Pragati Sharma	offline classes
3.	Y. Sai harshini	offline classes
4.	Mari Mala Chattopadhy	Clinical posting
5.	T. Likhita Nayya	Clinical posting
6.	Prिया Joman	offline classes



Extracurricular Activity

Personal

no issue

no issue

no issue

no issue

no issue

no issue

11 Feb 2021

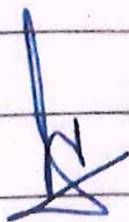
classmate

Date _____

Page _____

S.No	Student Name	Academic See
1.	Neha Wazg	Clinical posting
2.	Pragati Sharma	Clinical posting
3.	Y. Sai Harshini	Clinical posting
4.	Mani Mala Chatlapally	offline classes
5.	T. Likhita Waryar	offline classes
6.	Pritya Tomar	offline classes

Counselled Neha



Extracurricular Activity

Personal

stress

seminar

no issue

no issue

no issue

no issue

no issue

23 Feb 2021

classmate

Date

Page

S.No.	Student Name	Academic See
1.	Neha Wazg	offline classes
2.	Pragati sharma	Clinical posting
3.	Y. Sai Harshini	Clinical posting
4.	Mari Mala Chattapally	offline classes
5.	T. Likhita Wanya	offline classes
6.	Reiya Tomar	Offline classes

Extracurricular Activity

Personal

Seminar

no issue

-

no issue

-

no issue

-

no issue

-

no issue

essay writing competition

no issue

10 March 2021

classmate

Date _____

Page _____

S.No	Student Name	Academic Sec
1.	Neha Wazg	online classes
2.	Pragati Sharma	online classes
3.	Y. Sai Harshini	online classes
4.	Mani Mala Chetlapally	online classes
5.	T. Likhita Nayya	online classes
6.	Pritya Jomar	online classes

Extracurricular Activity	Personal
-	no issue
online quiz	Internet problem
-	no issue
-	no issue
online essay writing	no issue
-	no issue

26 March 2021

S.No.	Student Name	Academic Sec
1.	Neha Nayg	online classes
2.	Pragati Sharma	online classes
3.	Y. Sai Harshini	online classes
4.	Mari Mala Chetlapally	online class
5.	T. Likhita Nayya	online classes
6.	Priya Tomar	online classes



Extracurricular Activity

Personal

no issue

no issue

no issue

no issue

Internet problem

no issue

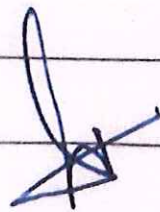
9 April 2021

CLASSMATE

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Waz	online classes
2.	Pragati Sharma	online classes
3.	Y. Sai Harshini	online classes
4.	Mari Mala Chetlapally	online classes
5.	Jhota Likhita Wanya	online classes
6.	Pritya Tomar	online classes



Extracurricular Activity

Personal

no issue

Internet problem

no issue

no issue

no issue

online quiz

Internet problem

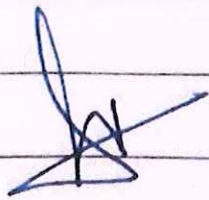
24 April 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Wazg	online classes
2.	Pragati Sharma	online classes
3.	Y. Sai Harshini	online classes
4.	Mari Mala Chetlapally	online classes
5.	T. Likhita Nayya	online classes
6.	Priya Tomar	online classes



Extracurricular Activity

Personal

no issue

no issue

no issue

seminar

no issue

no issue

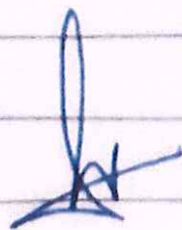
no issue

10 May 2021

classmate
Date _____
Page _____

S.No.	Student Name	Academic Sec
1	Neha Wazg	online classes
2	Pragati Sharma	online classes
3	Y. Sai Harshini	online classes
4	Mari Mala Chetapally	online classes
5	Thota Likhita Wanga	online classes
6	Beja Tomar	online classes

Connectivity issue raised to concerned authority



15/08/2022

classmate

Date _____

Page _____

Extracurricular Activity

Personal

Internet problem

online quiz

no issue

online quiz

no issue

Internet problem

no issue

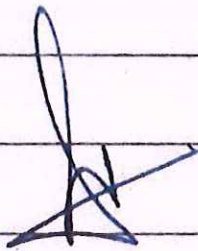
no issue

28 May 2021

classmate

Date _____
Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nazz	online classes
2.	Pragati Sharma	online classes
3.	Y. Sai Harshini	online classes
4.	Mari Mala Chettapally	online classes
5.	Jhota Likitha Nayya	online classes
6.	Priya Tomar	online classes.

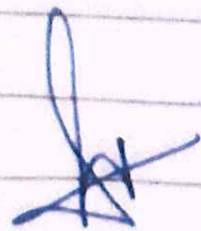


Extracurricular Activity	Personal
online presentation	no issue
-	no issue
-	Internet problem
-	no issue
-	no issue
-	no issue

5 June 2021

classmate
Date _____
Page _____

S.No.	Student Name	Academic Sec
1.	Neha Wazg	offline classes
2.	Pragati Sharma	Clinical posting
3.	Y. Sai Harshini	Clinical posting
4.	Mari Mala Chetlapally	offline classes
5.	T. Likhita Nayya	offline classes
6.	Priya Tomar	offline classes



Extracurricular Activity

1. Personal

no issue

no issue

no issue

no issue

no issue

no issue

Seminar

17 June 2021

classmate

Date

Page

S.No.	Student Name	Academic Sec
1	Neha Nag	Clinical posting
2	Pragati Sharma	offline classes
3	Y. Sai Harshini	offline classes
4	Mani Mala Chetlapally	offline classes
5	Jhota Likitha Nayya	offline classes
6	Luiza Jomar	offline classes

Extracurricular Activity

Personal

quiz competition

no issue

-

no issue

-

no issue

-

no issue

-

no issue

-

no issue

16 July 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Vazg	offline classes
2.	Pragati Sharma	offline classes
3.	Y. Sai Harshini	Offline. Classes
4.	Mari Mala Chetlapally	Clinical posting
5.	T. Likhita Nayya	Clinical posting
6.	Prviya Joman	offline classes

Extracurricular Activity	Personal
-	health issue
-	no issue
-	no issue
-	no issue
-	no issue
-	preparing for exams

30 July 2021

classmate

Date _____
Page _____

S.No.	Student Name	Academic Sec
1.	Neha Wazg	Clinical posting
2.	Pragati Sharma	offline classes
3.	Y. Sai Harshini	offline classes
4.	Mani Mala Chettapally	Clinical. posting
5.	T. Likhita Nayya	Clinical. posting
6.	Pritya Tomar	offline classes

Extracurricular Activity

Personal

quiz competition

no issue

-

no issue

-

no issue

-

preparing for exams

-

preparing for exams

-

preparing for exams

7 August 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nay	Clinical posting
2.	Bragati Sharma	Offline classes
3.	Y. Sai Harshini	Offline classes
4.	Mari Mala Chetlapally	Offline classes
5.	J. Likhita Nayya	Offline classes
6.	Priya Tomar	Offline classes

Counselled students & helped for
exam preparation tips

Extracurricular Activity

Personal

-

no issue

-

no issue

-

no issue

-

exam stress +

-

exam stress

-

exam stress

27 Aug 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1	Neha Waz	Clinical posting
2	Pragati Sharma	offline classes
3	Y. Sai Harshini	offline classes
4	Mani Mala Chetlapally	enarns
5	J. Likhitha Wanga	enarns
6	Pritya Tomar	enarns

Extracurricular Activity	Personal
Seminar	no issue
-	no issue
-	no issue
-	no issue
-	no issue
-	no issue

15 Sept 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Weha Wazzy	offline classes
2.	Pragati Sharma	offline classes
3.	Y. Sai. Harshini	offline classes
4.	Mari Mola Chetlapally	offline classes
5.	J. Likitha Wanya	offline classes
6.	Reiya Jamar	Offline classes

Motivated students to participate
in sports & cultural

~~XXXX~~

Extracurricular Activity	Personal
Badminton competition	no issue
-	no issue
-	no issue
-	no issue
Volleyball Competition	no issue
-	no issue

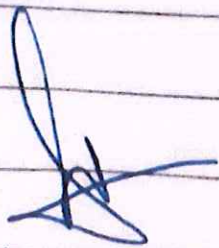
25 Sept 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nazz	Clinical posting
2.	Pragati Sharma	offline classes
3.	Y. Sai Starshini	offline classes
4.	Mani Mala Chetlapally	Clinical posting
5.	Jheta Likitha Nayya	Clinical posting
6.	Biya Joman	offline classes



Extracurricular Activity

Personal

no issue

Health issue

no issue

no issue

no issue

no issue

8 Oct 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nazy	Clinical posting
2.	Pragati Sharma	Offline classes
3.	Y. Sai Harshini	Offline classes
4.	Mori Mala Chettapally	Clinical posting
5.	J. Likhita Nampa	Clinical posting
6.	Prिया Jamar	Offline classes



Extracurricular Activity	Personal
-	no issue
-	no issue
Rangoli competition	preparing for exams
Painting competition	no issue
-	no issue
-	no issue

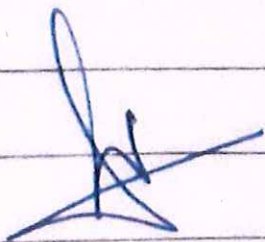
29 Oct 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nag	Clinical posting
2.	Pragati Sharma	offline classes
3.	Y. Sai Harshini	offline classes
4.	Mari Mala Chetlapally	Clinical posting
5.	J. Likitha Nayya	Clinical posting
6.	Priya Tomar	offline classes



Extracurricular Activity	Personal
-	no issue
-	exam preparation
-	exam preparation
-	exam stress
-	health issue
-	exam stress

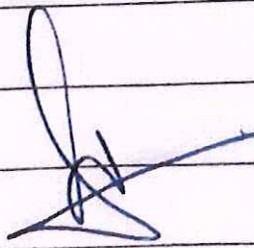
12 Nov 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nayy	Clinical posting
2.	Pragati Sharma	exams
3.	Y. Sai Harshini	exams
4.	Mani Mala Chetlapally	exams
5.	J. Likhitha Nayya	exams
6.	Priya Tomar	offline classes



Extracurricular Activity

Personal

no issue

exam stress

exam stress

no issue

no issue

no issue

24 Nov 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Wazg	offline classes
2.	Pragati Sharma	exams
3.	Y. Sai Harshini	exams
4.	Mari Mala Chethapally	exams
5.	J. Likhitha Warya	exams
6.	Reiya Tomar	offline classes

Extracurricular Activity

Personal

-

no issue

-

exam stress

-

exam stress

-

no issue

-

no issue

-

no issue

4 Dec 2021

classmate

Date _____

Page _____

S.No.	Student Name	Academic Sec
1.	Neha Wazg	Clinical posting
2.	Brigati Sharma	offline classes
3.	Y. Sai Harshini	offline classes
4.	Mari Mala Chethapally	Clinical posting
5.	J. Likhitha Nayya	Clinical posting
6.	Priya Tomar	offline classes



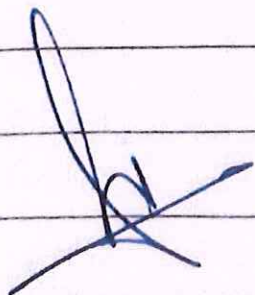
Extracurricular Activity	Personal
quiz competition	no issue
-	no issue
-	no issue
-	no issue
-	no issue
Seminar	no issue

28 Dec 2021

classmate

Date _____
Page _____

S.No.	Student Name	Academic Sec
1.	Neha Nazz	Clinical posting
2.	Priyati Sharma	offline classes
3.	Y. Sai Harshini	offline classes
4.	Mari Mala Chettapally	offline classes
5.	Jhota Likitha Wauya	offline classes
6.	Priya Tomar.	offline classes



classmate

Date _____

Page _____

Extracurricular Activity

Personal

-

no issue

Seminar

no issue

Seminar

no issue

-

no issue

-

no issue

-

no issue



**Online Training
Certificate for
Mentorship**



Certificate no: UC-f854930a-d3ea-440f-a467-2b87cct5cb98

Certificate url: ude.my/UC-f854930a-d3ea-440f-a467-2b87cct5cb98

Reference Number: 0004

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Instructors **JeanAnn Nichols**

Chandrakanth Majeti

Date **Aug. 16, 2021**

Length **1 total hour**



600 Harrison St., 3rd Floor
San Francisco, CA 94107

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Atchuta Abhinav

Date **Aug. 7, 2021**

Field of study **Personnel/Human Resources**

Location **Online**

Instructional delivery method **QAS Self Study**

Program **National Association of State Boards of Accountancy (NASBA)**

Registry ID **#144336**

NASBA CPE credits: **2.4**

Certificate no **UC-d78ae6-b910-44e0-af2f-48936a045edf**

Padraig Walsh

Director, Learning Science and Instructional Design

In accordance with the standards of the National
Registry of CPE Sponsors, CPE credits have been
granted based on a 50-minute hour.



600 Harrison St., 3rd Floor
San Francisco, CA 94107

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Ajay Reddy

Date **Aug. 10, 2021**

Field of study **Personnel/Human Resources**

Location **Online**

Instructional delivery method **OAS Self Study**

Program **National Association of State Boards of Accountancy (NASBA)**

Registry ID **#144336**

NASBA CPE credits: **2.4**

Certificate no **UC-4c8a0c08-ef08-4172-8a48-a5be053232fc**

Padraig Walsh

Director, Learning Science and Instructional Design

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Registry of CPE Sponsors, CPE credits have been
granted based on a 50-minute hour.



Certificate no: UC-9ad772c3-403f-4634-b44c-1d703a789881
Certificate url: udemy.com/UC-9ad772c3-403f-4634-b44c-1d703a789881
Reference Number: 0004

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Instructors: JeannAnn Nichols

Seema A Bhogte

Date: Sept. 4, 2021
Length: 1 total hour



Certificate no: UC-bcdda78a-5f7f-4c02-b057-929518a50923

Certificate url: udemy.com/UC-bcdda78a-5f7f-4c02-b057-929518a50923

Reference Number: 0004

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Instructors **JeanAnn Nichols**

Dr.Madhusudhan Reddy

Date **Aug. 11, 2021**

Length **1 total hour**



Certificate no: UC-0477e74c-c886-4595-b6c5-066dae67a9b
Certificate url: udemy.com/UC-0477e74c-c886-4595-b6c5-066dae67a9b
Reference Number: 0004

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Instructors **JeanAnn Nichols**

Dr. Soujanya E

Date **Aug. 16, 2021**

Length **1 total hour**



600 Harrison St., 3rd Floor
San Francisco, CA 94107

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Dr. Soujanya E

Date **Aug. 16, 2021**

Field of study **Personnel/Human Resources**

Location **Online**

Instructional delivery method **OAS Self Study**

Program **National Association of State Boards of Accountancy (NASBA)**

Registry ID **#144336**

NASBA CPE credits: **2.4**

Certificate no **UC-e6df13ed-1a24-4f20-9858-f95775050226**

Padraig Walsh

Director, Learning Science and Instructional Design

In accordance with the standards of the National
Registry of CPE Sponsors, CPE credits have been
granted based on a 50-minute hour.



600 Harrison St., 3rd Floor
San Francisco, CA 94107

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Pradeep Raj

Date Oct. 26, 2021

Field of study Personnel/Human Resources

Location Online

Instructional delivery method QAS Self Study

Program National Association of State Boards of Accountancy (NASBA)

Registry ID #144336

NASBA CPE credits: 2.4

Certificate no UC-834233ab-4bb1-4b97-b680-c5a32fe17c6a

Director, Learning Science and Instructional
Design

In accordance with the standards of the National
Registry of CPE Sponsors, CPE credits have been
granted based on a 50-minute hour.



Certificate no: UC-43c37d37-e1d0-4e3c-ab19-f7371670bb6e

Certificate url: [udemy/UC-43c37d37-e1d0-4e3c-ab19-f7371670bb6e](https://udemy.com/UC-43c37d37-e1d0-4e3c-ab19-f7371670bb6e)

Reference Number: 0004

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Instructors **JeanAnn Nichols**

Mamta Kaushik

Date **Dec. 1, 2021**

Length **1 total hour**



600 Harrison St., 3rd Floor
San Francisco, CA 94107

CERTIFICATE OF COMPLETION

Be a Great Mentor: A Practical Guide to Mentorship

Mamta Kaushik

Date **Dec. 1, 2021**

Field of study **Personnel/Human Resources**

Location **Online**

Instructional delivery method **OAS Self Study**

Program **National Association of State Boards of Accountancy (NASBA)**

Registry ID **#144336**

NASBA CPE credits: **2.4**

Certificate no **UC-38cdb2bf-7ad1-406e-942e-69f2a3cf476a**

Padraig Walsh

Director, Learning Science and Instructional Design

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